

Area: Discover - Shadow match

Year: 2026

Assessor: Mark & Emma Spiller (26.04.2026)

Reviewed by: William Day 22/5/26

| Hazard | Who Might Be Harmed | Is the Risk Adequately Controlled, or is More Needed | Review and Revision |
|--|----------------------------|--|----------------------------|
| Trips, slips and falls - Uneven ground, stones, wet grass, blankets, or hidden obstacles. | Young people & Adults | Activity area visually checked before each session | |
| | | Stones, obvious trip hazards and debris removed where possible | |
| | | Blanket laid flat and kept tidy | |
| | | Activity moved or paused if ground becomes slippery | |
| | | Volunteers actively supervise movement during the game | |
| Running leading to collisions - Young people running to and from shadow cards. | Young people | Clear instruction to move carefully and be aware of others | |
| | | Group size managed by adult volunteers | |
| | | Volunteers positioned to oversee the full activity area | |
| | | Activity paused if behaviour becomes too energetic | |
| Overexcitement leading to Snatching, pushing, arguing or unsafe play. | Young people | Clear rules explained at the start (no snatching, one object at a time, work together) | |
| | | Volunteers reinforce positive teamwork and kindness | |
| | | Activity paused to calm the group if needed | |
| | | Dynamic risk assessment carried out during play | |
| Head bumps on fixed objects - Shadow cards attached to posts, tents or low structures. | Young people | Shadow cards placed within easy reach of young people | |
| | | Cards positioned away from low or protruding hazards | |
| | | Volunteers monitor movement around fixed objects | |
| | | Head injury guidance followed if any incident occurs | |
| Small equipment causing minor injury - Objects or laminated cards being dropped or misused. | Young people | Clear activity boundaries explained and reinforced | |
| | | Adult volunteers remain with their group at all times | |
| | | Volunteers positioned to oversee hiding locations | |
| | | Headcounts carried out before and after the activity | |
| | | Praise given for teamwork and effort rather than outcome. | |
| Distress or frustration - Young people becoming upset if they cannot find a matching shadow. | Young people | Volunteers encourage teamwork and peer support | |
| | | Praise effort, not speed | |
| | | Difficulty adjusted by reducing number of items or offering help | |
| | | Young people supported by accompanying adult volunteers | |