

Area: Discover - Move the heavy thing

Year: 2026

Assessor: Mark & Emma Spiller  
(28.04.2026)

Reviewed by: William Day (19/05/2026)

Hazard	Who Might Be Harmed	Is the Risk Adequately Controlled, or is More Needed	Review and Revision
Moving a heavy object - There is a risk of injury if the object tips, rolls unexpectedly, or is lifted.	Young people, adults	Heavy objects selected so they are stable and do not roll freely	
		Objects checked before each session to ensure they cannot tip unexpectedly	
		Clear instruction given that the object must not be lifted or climbed on Activity stopped immediately if the object becomes unstable	
Fingers, toes and hands near rollers - There is a risk of trapped fingers or toes as rollers move under the object.	Young people, adults	Clear safety briefing before starting the activity	
		Young people reminded to keep fingers, toes and feet clear of rollers	
		Volunteers positioned close to the object to guide hand placement Movement kept slow and controlled at all times	
Slips, trips and uneven ground - There is a risk of trips or slips while walking around the course.	Young people, adults	Activity set up only on flat, firm ground	
		Area checked regularly for holes, mud or uneven surfaces Course repositioned if ground conditions change	
		Activity cancelled in very wet weather	
Pushing, rushing or excitement - Excitement may lead to pushing or unsafe behaviour around the object.	Young people	Clear explanation that this is not a race	
		Emphasis on teamwork and slow, careful movement	
		Volunteers actively supervising and managing behaviour Activity paused if behaviour becomes unsafe	
Manual handling by volunteers - There is a small risk of strain when setting up or moving equipment.	Adults	Volunteers encouraged to move heavy items together	
		Heavy objects positioned once and not repeatedly moved	
		Rollers and cones are lightweight and easy to handle	
Collision with other people - Risk of collisions if the activity area is too close to walkways.	Young people, adults	Activity located away from main thoroughfares	
		Cones clearly marking the activity boundary	
		Volunteers monitoring the surrounding area	
Medical incidents - Minor injuries could occur during the activity.	Young people, adults	Volunteers briefed to stop the activity if any injury occurs	
		Incidents managed and escalated following Discover and S&E procedures	
		First aid and event safety support available on site	