

Area: Discover - Ski racing

Year: 2025

Assessor: Mark & Emma Spiller

Reviewed by: Callum Tompkins 30.04.2025

Hazard	Who Might Be Harmed	Is the Risk Adequately Controlled, or is More Needed	Review and Revision
Trips / falls, grazes & bumps whilst using skis	Young people	Teams are encouraged to practice using skis stood still at first, then moving side to side before attempting to move forwards	
head injury		Skis are made with well fitting webbing to reduce foot movement	
Trapped fingers		Supporting leaders need to ensure supervision at all times	
		Only move in one direction (e.g. not required to turn or turn around)	
		Activity only runs when area is dry	
		Flattest piece of land selected for activity to reduce trips	