

Hazard	Who Might Be Harmed	Is the Risk Adequately Controlled, or is More Needed	Review and Revision
Bumps, trips and falls	Young people	Young people to be supervised at all times by supervising leaders and young people's supporting adults	
Frustration at not being able to do activity causing angry outbursts or becoming withdrawn	Young people	Adult supervision by young people's leaders, activity supervising leaders are reminded to account for young people's needs and demonstrate / explain activities at a suitable pace Dance to be kept simple	
Injury from doing dance moves	Young people	Do activity in plenty of space, limit participants to number of hoops (10)	
		Many leaders will have First Response training, with additional support from on-site First Aid	
	Young people	Ensure appropriate warm-up is practised prior to all practical activity and maintained if necessary.	
		Monitor ability throughout.	
		Plan all movement activity in advance of session and consider any potential hazards involved.	
Dehydration / Exhaustion	Instructor & Young people	Dancers to have regular breaks throughout the session	
		All participants to have water/ or provide access to water where possible.	
		Monitor temperature of rehearsal space if possible and adapt physical exertion level of movement accordingly - Review by hub lead	