



Participants Booklet 2019

Gloucestershire County Scouts
Charity Number 302129

WELCOME TO EVOLUTION

This booklet is designed to provide you with the information that you will need before, during and after the event. If there are any questions before the event please email us on info@s-e.org.uk or at the event, ask someone in S&E hi-vis or who is wearing a yellow S&E necker.

BEFORE YOU COME

THE VENUE

Cirencester Park is the venue for our event. There are over 3,000 acres with a mixture of woodland and fields; plenty for everyone to get lost in! Our site has moved slightly again this year so please follow the directions. Treat the site with care and respect – it's not our land.

ARRIVALS

The site will open at midday on Friday. Arrival time is always very busy due to the single track leading to site so please consider sharing lifts with others from your group or using a minibus. On arrival you will be directed to the camping area. Your group leader can check-in your group at the admin tent, where they will receive your wristbands. Teams must be finalised before 9pm on Friday.

SETTING UP

It is essential that we keep the number of tents you bring to a minimum; otherwise we will not have enough space for activities. Please do not bring additional mess tents or similar shelters unless you have pre-booked, please note that tags will be handed out to those who have paid for shelters. Vehicles will not be allowed on camping areas even for unloading.

A supply of drinking hot water will be available from the hot water tent near Admin. For safety reasons, there will be no open fires, personal stoves or barbecues.

FOOD

All dietary requirements must be provided at least three weeks before the event takes place. Food will be served from the catering area at the times specified in the programme. Please ensure that you arrive between these times. Crockery and utensils are not provided.

MENU

Friday Supper	Catering Tent	Soup & A Roll
Saturday Breakfast	Catering Tent	Hot Breakfast Sandwich & Porridge & Cereal
Saturday Lunch	Packed Lunch Tent	Packed Lunch
Saturday Dinner	Catering Tent	Chicken Curry OR Spaghetti Bolognese
Sunday Breakfast	Catering Tent	Hot Breakfast Sandwich & Porridge & Cereal
Sunday Lunch	Packed Lunch Tent	Packed Lunch

Vegetarian and other dietary requirements will be catered for.

WASHING UP

Hot water and washing up bowls will be available by the washing up area. Groups may wish to bring their own washing up bowl, liquid & sponges to ease queueing. These facilities are to be used for personal eating equipment only. Groups will need to provide tea towels.

EVOLUTION MERCHANDISE

There will be loads of S&E branded items to buy from pens and badges to neckers and t-shirts. So don't forget a bit of spending money! You can see a selection and pre-order online at shop.s-e.org.uk. Preordering ensures the items you want are available as we often sell-out of popular sizes and colours. Any items pre-ordered can be picked up from the Shop – opening times will be displayed outside.

THE CAFÉ

There will be a café on site, serving a range of hot and cold food & drinks. There will be a selection of healthy alternatives as well as some of the classic S&E sweets & treats! This will be open throughout the weekend – opening times will be displayed outside. If you bring your own mug for hot drinks we'll even give you a discount!

THE RETREAT

There will be a bar for use by adults only. We will do ID checks on anyone lucky enough to look under 25 before they are served. No ID, no admittance, no exceptions. No drinks may be brought into or removed from this area. To help reduce the amount of waste we produce, we will only be serving out of reusable souvenir glasses this year. These will be available for one pound each.

ALCOHOL AND DRUGS

Alcohol is permitted onsite but may only be consumed by adults in designated areas (No glass please). Alcohol must not be bought onsite or consumed by under 18's. The consumption of illegal substances is not allowed.

HYGIENE

There are toilets on site, with basic hand-washing facilities. Sanitary waste excluding packaging can be placed into the toilets. Hot water will be provided for personal washing, you will need to bring bowls for this.

FIRST AID

Groups are responsible for their own first aid provision for their young people. We do have a first aid point for more serious injuries or for a second opinion.

INSECT & TICK BITES

Due to the events taking place in fields and woodland there is the risk of being bitten or stung by insects including horse-flies, wasps and ticks. It is important to be aware of ticks and to safely remove them as soon as possible, just in case.

We recommend bringing insect repellent and insect bite creams/clickers & antihistamines as part of your first aid kit.

To reduce the risk of being bitten:

- Cover your skin while walking outdoors and tuck your trousers into your socks.
- Use insect repellent on your clothes and skin.
- Stick to paths whenever possible.
- Wear light-coloured clothing so ticks are easier to spot and brush off.

To remove a tick safely:

1. Use fine-tipped tweezers or a tick-removal tool.
2. Grasp the tick as close to the skin as possible.
3. Slowly pull upwards, taking care not to squeeze or crush the tick.
4. Clean the bite with antiseptic or soap and water.

You don't need to do anything else unless you become unwell.

See a GP if you've been bitten by a tick and you get:

- Flu-like symptoms – such as feeling hot and shivery, headaches, aching muscles or feeling sick, or
- A circular red rash

Always remember to tell them you've been in forests and grassy areas.

RECYCLING INFORMATION

Working together we can help keep Strategy and Evolution litter free. The waste will be collected and transported offsite, where it will be mechanically and hand sorted to segregate it into the different waste streams. Recyclable material will be bulked and baled for onward processing and non-recyclable material baled ready for waste to energy production.

This means ZERO WASTE TO LANDFILL

There will be three segregated collections:

Cardboard: flatten and place into blue wheelie bins labelled 'mixed recyclables'
Plastic, Paper, Tins & Cans: blue wheelie bins labelled 'mixed recyclables'

General Waste: blue wheelie bins labelled 'non recyclables'

Food Waste: place into green wheelie bins. You can put any raw or uncooked food in these bins and any of the following:

- ✓ Meat and fish – raw and cooked including bones.
- ✓ All dairy products such as eggs and cheese.
- ✓ Raw and cooked vegetables and fruit.
- ✓ Bread, cakes and pastries.
- ✓ Rice, pasta and beans.
- ✓ Uneaten food from your plates and dishes.
- ✓ Tea and coffee grounds.



Please do not put any of the following in the green food waste wheelie bins:

- ✗ Packaging of any sort.
- ✗ Plastic bags.
- ✗ Liquids.
- ✗ Oil or liquid fat



If you have any questions, or suggestions, then please ask.

THE PROGRAMME

Friday

12 noon	Campsite opens	
Noon-10pm	Registration	
6.30-9pm	Supper	Bring a Mug!
7.30- Midnight	Entertainment	Disco Just Another Quiz Show Dance Fusion

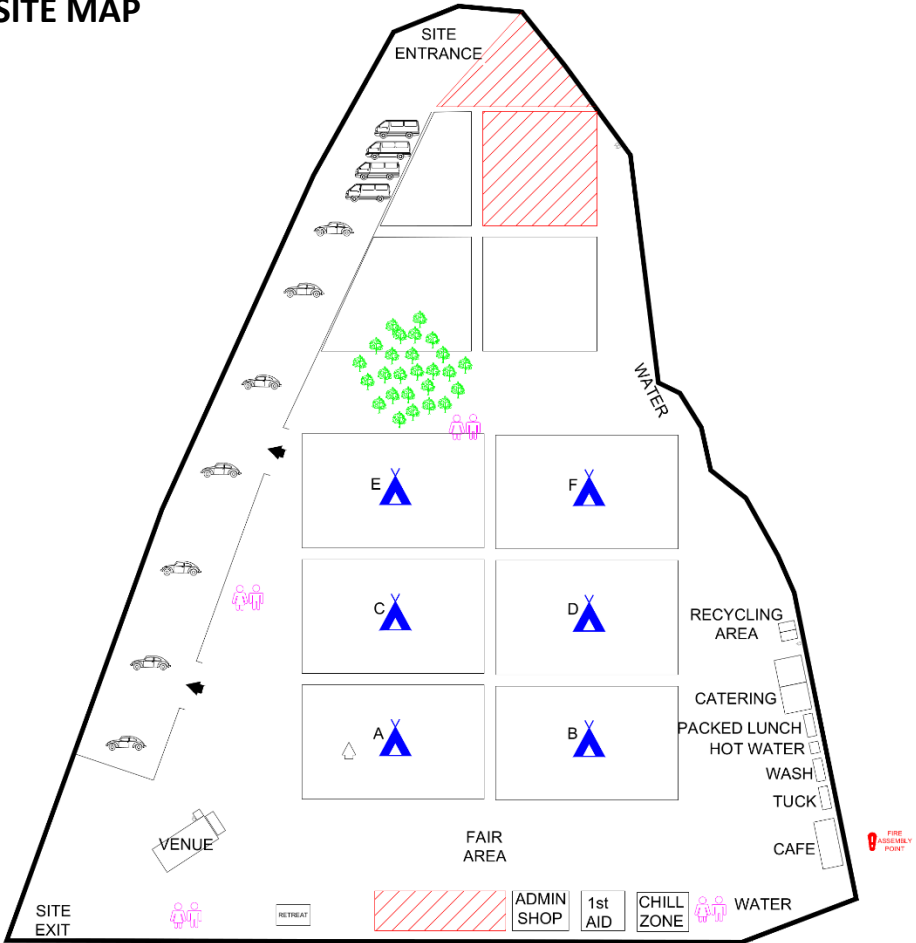
Saturday

7.00-8.00am	Breakfast & Pick up Lunch	
8.15am	Event Briefings Start	Event Kit required
9.00am-5.00pm	The Main Event	
6.00-7.00pm	Dinner	
7.30-1am	Entertainment	Disco Dance Fusion

Sunday

7.30-8.30am	Breakfast & Pick up Lunch	
9.30am	Presentations	
10.00am	Fayre & Sports	
2.30pm	Depart	

SITE MAP



SPORTS

Once on site don't forget that you can register to enter the sports competitions at the admin tent.

Sports sign up is 6pm -9pm on Saturday evening to play on Sunday.

THE MAIN EVENT

The main event for Evolution this year will be a multi-base activity hike. This year there is a set route both on and off site with manned road crossings. Bases can only be attempted once with that score being your final score.

The main objective will be for teams to complete the bases gaining the most points along the way, with no extra points for completing the route in the fastest time. Yet again this year we will be awarding points for pun-derful names, so get your thinking caps on!

There are three awards for the event.

- Highest scoring Overall
- Highest scoring Under 18's
- Highest scoring Over 18's

EVENT RULES

1. Teams must consist of at least four walkers and no more than six. If numbers are reduced to fewer than four at any point in the event, then the remaining members must accompany another group. All members **MUST** pass through checkpoints together. Failure to do so will disqualify the team.
2. All items in the Event Kit List must be carried or worn at all times. Spot checks can be made at any point. If you are deemed not to have the right kit you will be retired from the event.
3. Walkers must only cross roads at the designated crossings. Failure to do so will result in disqualification.
4. Walkers will need complete as many bases as possible and sign back in to the admin tent by 5pm.
5. Walkers needing to retire may do so only at manned checkpoints.
6. Walkers must obey Marshals, Police and Event signs.
7. The organisers' decision is final.

HOW TO GET TO THE SITE

Cirencester Park, Cirencester, Gloucestershire, GL7 7HX

The site is accessed via the Overly Road gate. Please follow the yellow Strategy & Evolution signs.

The route through Daglingworth is narrow. If driving a large vehicle (van, coach, minibus) please approach the site from the A419 and use the postcode GL7 6JT and follow the signs.

On arrival at the site there will be a one way system in operation. Please follow the signs and directions of the marshals.



PHOTOGRAPHS

If you take any photos during the weekend please share them with the media team in admin tent or when you upload to Facebook, Twitter or Instagram tag us #Stravolution

KIT LIST

Personal Kit

- Sleeping bag
- Pillow
- Wash kit
- Towel
- Tea towel
- Changes of clothes
- Changes of underclothes
- Torch
- Eating equipment

Event Kit (Personal) – Required for the walk

- Water Bottle
- Day sack
- Waterproofs
- Suitable Walking Footwear

Event Kit (Team) – Required for the walk

- Event Route Map
- Pen or Pencil
- Compass
- First Aid Kit (including insect repellent, bite cream)
- Survival Bag (Orange)
- Whistle

Group Kit

- Personal washing bowls
- Sufficient sleeping tents
- Mallets (the soil is rocky)
- NO stoves or BBQ's
- No mess tents, marquees or group shelters unless prebooked

Leader's Kit

- Travel /thermos mug (For hot drinks on site and on checkpoint)
- Collapsible chair (For use in the retreat & on checkpoints)

EMERGENCY CONTACTS

Each group must have its own emergency contact and your leader will let you know who this is.

However, if you need to contact a leader or child who is on site as the result of an emergency, please contact 07956 417617 (Site Mobile).

